

LEWIS COUNTY CHAPTER OF OLYMPIA MASTER BUILDERS



Summer Smoke Season is Here!

Things You Can Do to Reduce Your Family's Exposure to Smoke

OMB LEWIS COUNTY CHAPTER MEETING

Please join us for our next
OMB Lewis County Chapter
Meeting September 15, 2021
at 6:00 pm at
The Centralia Moose Lodge

For more information
contact jason@omb.org
or visit [omb.org/chapters/
lewis-county](http://omb.org/chapters/lewis-county).

Clean air in the home is crucial for the health and well-being of our families. To combat smoke particles finding their way in through tiny cracks and crevices in walls and windows, and to minimize your chances of breathing viral particles and standing smoke, we have come up with a few suggested approaches:

- Attach furnace filters to box fans.
- Use window fans blowing outward to expel stale or polluted air.
- Improve central air filtration.
- Use ventilation and filtration provided by heating, ventilating, and air-conditioning systems, which can reduce the

- airborne concentration of SARS-CoV-2 and thus the risk of transmission through the air with the right filtration (that is a whole science on it's own!)
- Use air purifiers, which work by creating finer and finer filters.
- Utilize whole house ventilation and air cleaning.
- Avoid unconditioned

- spaces.
- Wear a mask, yes even in your home or vehicle.
- 1. Avoid activities that create more fine particles indoors, like:
- 2. Using gas, propane or wood-burning stoves and furnaces.
- 3. Spraying aerosol products.
- 4. Frying or broiling food.

- 5. Burning candles or incense.
- 6. Vacuuming (unless you use a vacuum with a HEPA filter).

If you need help with your heating, cooling or ventilation systems, please visit OMB.org for our online searchable directory of trusted contractors in Lewis County.

The BIG Home and Garden Show is back for 2021 – New Date and New Location!

THE BIG HOME AND GARDEN SHOW

SEPT. 11-12TH

THURSTON COUNTY FAIRGROUNDS

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Come on out and see us on September 11-12 at the Thurston County Fairgrounds!

The Big Home and Garden Show is the only one of its kind in Olympia – a one-stop shop for all your Home and Garden needs! You'll see professionals in many home-related fields from Remodeling to Garage Doors to Landscaping, and everything in between. The weekend includes kitchen demonstrations, local food vendors, a Lego Brick Building Competition and more!

Do you know any landscapers, plant sales, food truck, etc. that you think would be perfect for the BIG Home and Garden Show?

We have vendor spaces left in all categories.

Please contact jenn@omb.org for questions or visit omb.org to register.